

July 2024

Monday	Tuesday	Wednesday	Friday
1	2	3	5
Chicken Cordon Bleu Rice Pilaf Green Beans Yogurt w/Berries	Chef Salad Turkey/Ham/Cheese Tomatoes 1000 Island Dressing Roll Fruit	Burger Bowl Lettuce/ Tomato/Onion/Dill Pickle/Cheese Burger Sauce Strawberry Pound Cake	Hot Dogs Potato Salad Chips Brownie
8	9	10	12
Chicken Parmesan Green Beans Breadstick Cookie	Asian Chicken Salad Peanuts/Mandarins/Chow Mein Noodles WW Roll Lemon Bar	Ham and Cheese Croissant Cole Slaw Craisins/Sunflower Seeds Melon	Salmon Penne Fresh Salad Garlic Toast Fruit
15	16	17	19
BBQ Pork Slider Tatar Tots Cashew Curry Coleslaw Jello cup	Egg salad Sandwich Cucumber/Tomato Salad Chips Cookie	Tuna Macaroni Salad Egg/Red Onion/Shredded Carrot/Celery/Dill Roll Fruit	 Chef Choice!
22	23	24	26
Orange Tempura Chicken Brown Rice Kyoto Vegetables Lemon Bar	Greek Salad Tuscan Chicken Kalamata Olives/Feta/Red Onion/Balsamic Dressing WW Roll Cantaloupe	Tuna Sandwich Celery, Onion, Red pepper Rye Bread Chips Peaches	Cabbage Rolls Brown Rice Vegetable Jell o cup
29	30	31	
Sausage Gravy/Biscuit Scrambled Eggs Fig Bar	Taco Salad Lettuce/Tomatoes/Corn tortilla Strips/Olives Sour Cream/Salsa Dessert	Chicken Caesar Wrap Pasta Salad Cookie	

Lunch is served at the Community Center on Mondays. Tuesdays, Wednesdays and Fridays at 12:00 pm. Donations (\$3.50 for those 60 and over and \$4.25 for those under 60) are encouraged but not required. Menu subject to change due to availability of supplies and produce.